

| Tijd | Nr | Naam | Woonplaats | M/V |
|------|-------|---------------------------|---------------------|-----|
| 1 | 13:41 | 183 Ronald Nijssen | Heerhugowaard | M |
| 2 | 13:47 | 31 Stijn Wiedemeijer | Amsterdam | m |
| 3 | 13:53 | 117 Louis Dam | Zaandam | m |
| 4 | 14:05 | 92 Daan van Haaslere | Monnickendam | M |
| 5 | 14:11 | 10 Jurian Wiedemeijer | Amsterdam | m |
| 6 | 14:18 | 124 Thijs Oressoren | Monnickendam | M |
| 7 | 14:25 | 15 Boudewijn Blakborn | Broek in Waterland | m |
| 8 | 14:37 | 16 Niels Tessel | Broek in Waterland | M |
| 9 | 14:44 | 80 Micha Smit | Amsterdam | m |
| 10 | 14:50 | 165 Jorin Ubbels | Amsterdam | M |
| 11 | 15:03 | 97 Tom Roeleveld | Amsterdam | m |
| 12 | 15:24 | 104 Merlijn Geurds | Velp | m |
| 13 | 15:41 | 14 Lex Ebbelaar | Broek in Waterland | M |
| 14 | 15:42 | 23 Roy Haars | Broek in Waterland | M |
| 15 | 16:17 | 3 Sil Oosterwijk | Broek in Waterland | M |
| 16 | 16:25 | 6 Matthijs van Eck | Broek in Waterland | M |
| 17 | 16:35 | 160 Arnold Hoogenhout | Baambrugge | m |
| 18 | 16:42 | 106 Joram Knigge | Amsterdam | M |
| 19 | 16:57 | 166 Sverre Ubbels | Zunderdorp | m |
| 20 | 16:59 | 4 Thierry Voorderhake | Delft | m |
| 21 | 17:04 | 26 Bastiaan Beijer | Delft | m |
| 22 | 17:07 | 102 Isjo Boone | Velp | M |
| 23 | 17:12 | 196 Thomas Pronk | Purmer | M |
| 24 | 17:20 | 93 Rinse Meenks | Monnickendam | m |
| 25 | 17:23 | 109 Joost Cosman | Weesp | M |
| 26 | 17:30 | 48 Joep Spaans | Broek in Waterland | m |
| 27 | 17:35 | 139 Michiel Boks | Laren | m |
| 28 | 17:38 | 108 Dennis Weijens | Amsterdam | m |
| 29 | 17:41 | 122 Maas de Moes | Monnickendam | M |
| 30 | 17:46 | 94 Hilko Groenewold | Purmerend | m |
| 31 | 17:48 | 188 Joris Aerts | Delft | M |
| 32 | 18:03 | 8 Maarten Doornebal | Broek in Waterland | M |
| 33 | 18:07 | 37 Jamie | De Goorn | M |
| 34 | | 113 Peter Kreetz | Broek in Waterland | m |
| 35 | 18:13 | 60 Sam Zaal | Broek in Waterland | M |
| 36 | 18:14 | 11 Jan Wiedemeijer | Amsterdam | m |
| 37 | 18:16 | 474 Patricia Hooyberg | Zuidoostbeemster | V |
| 38 | 18:27 | 70 Remon de Klerk | Den Haag | M |
| 39 | 18:28 | 7 Erwin van Eck | Monnickendam | m |
| 40 | 18:35 | 22 Mike Schekker | Zunderdorp | M |
| 41 | 18:47 | 135 Pieter Schoenmakers | Amsterdam | m |
| 42 | 19:03 | 67 Heskes Timo | Hoogvliet | m |
| 43 | 19:12 | 192 I. Schaap | Monnickendam | m |
| 44 | 19:14 | 127 Peter Graafland | Broek in Waterland | m |
| 45 | 19:16 | 164 Enzo Worthington | | 0 M |
| 46 | 19:19 | 25 Yannis van den Elshour | Broek in Waterland | m |
| 47 | 19:22 | 156 Huub Bonte | Monnickendam | m |
| 48 | 19:26 | 138 Jeroen Spoor | Amsterdam | m |
| 49 | 19:27 | 468 Yvette Ruts/Wolters | Loenen aan de Vecht | v |
| 50 | 19:40 | 180 Sander de Jong | Broek in Waterland | m |
| 51 | 19:54 | 111 Theo Danes | Amsterdam | m |
| 52 | 19:58 | 491 Anouk Pronk | Purmer | V |
| 53 | 20:00 | 24 Eros Balsing | Broek in Waterland | m |

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| 54 | 20:30 | 83 | Sebastiaan de Haas | Broek in Waterland | m |
| 55 | 20:40 | 28 | René Visser | Monnickendam | M |
| 56 | | 103 | Boone | Broek in Waterland | m |
| 57 | 20:50 | 5 | O. Voorderhake | Amsterdam | m |
| 58 | 21:00 | 95 | Marten Zeeman | Monnickendam | M |
| 59 | 21:10 | 142 | Jasper van Geytenbeek | Purmerend | m |
| 60 | | 432 | Patricia te Boekhorst | Almere | v |
| 61 | | 58 | Robert Zaal | Broek in Waterland | m |
| 62 | 21:20 | 184 | Lars Groot | Broek in Waterland | m |
| 63 | | 59 | Luuk Zaal | Broek in Waterland | M |
| 64 | 21:30 | 195 | Martijn Pronk | Purmer | M |
| 65 | | 41 | Elmar Hagen | Broek in Waterland | m |
| 66 | | 134 | Robert Mackay | Broek in Waterland | m |
| 67 | 21:40 | 84 | Paul Ploeger | Broek in Waterland | m |
| 68 | 21:50 | 101 | F v.d. Meiden | Watergang | M |
| 69 | | 193 | Arnold Damen | Hoorn | m |
| 70 | | 17 | Nimar Gosrawi | Broek in Waterland | m |
| 71 | 22:10 | 90 | R. de Waart | Uitdam | m |
| 72 | | 189 | Tom Veldhuisen | Ransdorp | M |
| 73 | | 44 | Pepijn Spaans | Broek in Waterland | m |
| 74 | | 107 | Andreas de Jong | Amsterdam | m |
| 75 | 22:20 | 45 | Johannes Spaans | Broek in Waterland | m |
| 76 | 22:40 | 194 | Jonny "Bravo" Kreetz | Monnickendam | M |
| 77 | | 455 | Naëmie Boone | Velp | V |
| 78 | 22:50 | 66 | Arthur van Schravendijk | Uitdam | m |
| 79 | 23:00 | 143 | Marco Banlolo | Purmerend | m |
| 80 | 23:10 | 47 | Fried Schölvinck | Haarlem | M |
| 81 | | 456 | Aimee Stroink | Amsterdam | V |
| 82 | | 158 | Maarten Rijswijk | Edam | m |
| 83 | | 475 | Ilona Hooijberg | Zuidoostbeemster | v |
| 84 | | 159 | Casper Kruse | Edam | m |
| 85 | 23:20 | 112 | Paul van Beurden | Monnickendam | M |
| 86 | 23:30 | 46 | Riemer van Nes | Amsterdam | m |
| 87 | | 161 | Timo Roeleveld | Amsterdam | m |
| 88 | 23:40 | 85 | Jim Ploeger | Broek in Waterland | m |
| 89 | 23:50 | 53 | Remco Witkamp | Monnickendam | m |
| 90 | 24:00 | 182 | Ferdinand Knaack | Uitdam | m |
| 91 | | 40 | Thijs Jesse | Broek in Waterland | M |
| 92 | | 402 | Nieke Spaan | Broek in Waterland | V |
| 93 | | 43 | Leo Boon | Broek in Waterland | M |
| 94 | | 42 | Sander Boon | Broek in Waterland | M |
| 95 | | 121 | Trevor CA Stuffers | Amsterdam | M |
| 96 | 24:10 | 120 | Maarten van Leeuwen | Amsterdam | m |
| 97 | 24:20 | 163 | Niels Westgeest | Amsterdam | M |
| 98 | | 120 | Maarten van Leeuwen | Amsterdam | m |
| 99 | | 34 | Bobby Gaaf | Broek in Waterland | m |
| 100 | | 21 | Rick Schekker | Zunderdorp | M |
| 101 | 25:20 | 187 | Chris Wisman | Monnickendam | M |
| 102 | 25:50 | 137 | Bart Jan Kalshoven | Wassenaar | m |
| 103 | | 140 | Marcel Stiphout | Amsterdam | m |
| 104 | 26:00 | 190 | Flip de Jong | Amsterdam | M |
| 105 | 26:10 | 36 | Jasper Braakman | Broek in Waterland | m |
| 106 | 26:20 | 9 | Hans vd Schaaf | Zuiderwoude | M |
| 107 | | 62 | Joost Velsing | Broek in Waterland | m |

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| 108 | 26:30 | 64 Tom Houwen | Amsterdam | m |
| 109 | | 65 Rik Lina | Broek in Waterland | m |
| 110 | | 86 Koen Dorreboom | Broek in Waterland | M |
| 111 | | 87 Ron Dorreboom | Broek in Waterland | M |
| 112 | 26:50 | 61 Erik Zaal | Oosterhout | m |
| 113 | | 32 Frank Streur | Broek in Waterland | m |
| 114 | | 33 Ruun Streur | Broek in Waterland | m |
| 115 | 27:00 | 125 Cor Huismans | Monnickendam | m |
| 116 | | 415 Famke Braakman | Broek in Waterland | v |
| 117 | 27:10 | 123 Bart Jan Huisman | Sijbekarspel | M |
| 118 | 27:20 | 451 Isabelle Voorderhake | Monnickendam | V |
| 119 | | 38 Frank Braakman | Broek in Waterland | M |
| 120 | 27:30 | 36 Jasper Braakman | Broek in Waterland | m |
| 121 | | 37 Jamie | De Goorn | M |
| 122 | | 2 Wouter van Straten | Broek in Waterland | m |
| 123 | 27:40 | 416 Femke Hoeksma | Amsterdam | v |
| 124 | | 404 Diona Haars | Broek in Waterland | V |
| 125 | 27:50 | 110 Bas Mulder | Amsterdam | M |
| 126 | | 413 Wendie Diste | Broek in Waterland | V |
| 127 | | 459 Violet Swakman | Amsterdam | V |
| 128 | | 167 Lexie Schoenmaker | Amsterdam | M |
| 129 | | 30 Dirk Hoonakker | Broek in Waterland | M |
| 130 | | 99 Boris Kor | Broek in Waterland | M |
| 131 | 28:00 | 151 Jorrit Bron | Broek in Waterland | M |
| 132 | | 458 Rinke Oostra | | 0 V |
| 133 | 28:10 | 414 Emily Zaal | Broek in Waterland | v |
| 134 | | 185 Matthijs Eigenhuis | Monnickendam | M |
| 135 | | 186 Nass Hemelrijk | Zuiderwoude | M |
| 136 | 28:20 | 119 Tom Dowdall | Broek in Waterland | M |
| 137 | | 181 Sander Daniëls | Amsterdam | M |
| 138 | | 191 Daniël Post | Ransdorp | M |
| 139 | | 39 Johan Splinter | Delft | m |
| 140 | 28:30 | 433 Simone Ploeger | Broek in Waterland | V |
| 141 | 28:40 | 490 Zwaan Lakmaker | Amsterdam | V |
| 142 | | 72 Rolf Bilderbeek | Delft | m |
| 143 | | 73 Klaas Zeeman | Monnickendam | M |
| 144 | 28:50 | 118 Dermot Doran | Broek in Waterland | M |
| 145 | | 126 Siep Adema | Amsterdam | m |
| 146 | | 68 JC Visser | Broek in Waterland | M |
| 147 | | 418 Imke Zimmerling | Delft | V |
| 148 | 29:00 | 114 Bas Schreuder | Amsterdam | m |
| 149 | | 115 Eric Smit | Ransdorp | M |
| 150 | 29:20 | 74 Daan Isha | Amsterdam | m |
| 151 | 29:30 | 116 Nick | Amsterdam | m |
| 152 | | 129 Vincent Tuin | Amsterdam | M |
| 153 | 29:40 | 461 Marloes Bloem | Diemen | v |
| 154 | | 130 Dick van Bruden | Diemen | m |
| 155 | | 465 Brenda Duijneveld | Zaandam | v |
| 156 | 29:50 | 81 Youri Penders | Baambrugge | M |
| 157 | | 128 Maarten de Wolff | Amsterdam | m |
| 158 | | 460 Danielle de Wolff | Amsterdam | V |
| 159 | 30:00 | 1 Aart van Eldik | Broek in Waterland | M |
| 160 | | 100 Sjoerd van Gelderen | Broek in Waterland | M |
| 161 | | 175 Rob | Purmerend | M |

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| 162 | 457 Roos Brens | Monnickendam | v |
| 163 | 91 Tom Aupers | Amsterdam | m |
| 164 | 152 Diederik Minier | Monnickendam | m |
| 165 | 478 Judith Oudhuis | Broek in Waterland | V |
| 166 | 240 Tun Nanda Chung | Broek in Waterland | m |
| 167 | 487 Anouk Bokslag | Amsterdam | v |
| 168 | 82 Stijn Penders | Baambrugge | m |
| 169 | 419 Lietbeth Zwartter | Broek in Waterland | V |
| 170 | 488 Doortje Horjus | Monnickendam | v |
| 171 | 171 Matthijs van Ee | Purmerend | m |
| 172 | 169 Robin van G | Purmerend | M |
| 173 | 445 Monica Schouten | Broek in Waterland | V |
| 174 31:00 | 96 Eiko Waleson | Broek in Waterland | m |
| 175 | 98 Dirk Reijnders | Monnickendam | M |
| 176 | 55 Stefan Lubrecht | Broek in Waterland | m |
| 177 | 450 Iris Pronk | Broek in Waterland | V |
| 178 | 12 Susanne Dekker | Broek in Waterland | V |
| 179 | 13 Isabelle Dekker | Broek in Waterland | v |
| 180 | 170 Jur Rossenaar | Purmerend | m |
| 181 | 168 Roy Kroon | IJpendam | M |
| 182 | 482 Esther de Goede | Purmerend | V |
| 183 | 483 Moniek van Zanten | Hollysloot | V |
| 184 | 481 Nicole van Zanten | Zuiderwoude | V |
| 185 | 425 Martine Meyer | Broek in Waterland | V |
| 186 | 69 Yoran Meijer | Broek in Waterland | m |
| 187 32:00 | 79 Jan Arends | Broek in Waterland | M |
| 188 | 452 Henny de Wit | Amsterdam | v |
| 189 | 63 Arjan de Koning | Broek in Waterland | m |
| 190 | 435 Manon Bos | Monnickendam | v |
| 191 | 484 Marloes van Haastere | Monnickendam | v |
| 192 | 444 Britt de Boer | Broek in Waterland | v |
| 193 | 485 Mariska Makaij | Monnickendam | v |
| 194 33:00 | 446 Sacha | Broek in Waterland | v |
| 195 | 173 Hans vd Schaaf | IJpendam | M |
| 196 | 19 Tim Moerman | Broek in Waterland | M |
| 197 | 407 Nikki Beunder | Broek in Waterland | V |
| 198 | 437 José Verbeek | Purmer | V |
| 199 | 412 Chantal Oosterlaken | Broek in Waterland | v |
| 200 | 409 Anne Maasland | Broek in Waterland | V |
| 201 | 411 Jennifer Oosterlaken | Broek in Waterland | v |
| 202 | 434 Nancy Ploeger | Broek in Waterland | V |
| 203 | 75 Frank Voorderhake | Broek in Waterland | M |
| 204 | 174 Wiebe | | 0 M |
| 205 | 172 Sander | IJpendam | m |
| 206 | 76 Sander Lof | Broek in Waterland | m |
| 207 | 410 Willeke Driessen | Amsterdam | v |
| 208 34:00 | 436 Daan Elhorst | Landsmeer | v |
| 209 | 27 Mike van Hamburg | Nieuwerkerk a/d IJssel | M |
| 210 | 29 Onno Drijver | Broek in Waterland | M |
| 211 | 429 Lana Verstoep | Zuiderwoude | v |
| 212 | 428 Amber Kuipers | Volendam | v |
| 213 | 467 Fanny Honingh | Monnickendam | V |
| 214 | 105 Stefan Voorderhake | Broek in Waterland | M |
| 215 | 56 V. Schmedding | Broek in Waterland | m |

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| 216 | 71 | Martijn de Klerk | Purmerend | m |
| 217 | 35:00 | 133 Rens Kommer | Amsterdam | M |
| 218 | 486 | Rianne Dobber | Monnickendam | v |
| 219 | 448 | Diana Willig | Katwoude | V |
| 220 | 449 | Lianne Roeleveld | Amsterdam | v |
| 221 | 447 | Margreet Lok | Broek in Waterland | v |
| 222 | 88 | Gerko Oskam | Purmerend | M |
| 223 | 176 | Kevin Blokker | Oudeniedorp | M |
| 224 | 443 | Susan van Wijk | Monnickendam | v |
| 225 | 145 | Alex Brouwer | Broek in Waterland | M |
| 226 | 146 | Jim Boomhens | IJpendam | m |
| 227 | 147 | Mats Brouwer | Broek in Waterland | m |
| 228 | 438 | Shirin Okx | Midden Beemster | v |
| 229 | 89 | Michael Feelders | Heerhugowaard | M |
| 230 | 132 | Jeroen Honingh | Monnickendam | m |
| 231 | 162 | Robin Deun | IJpendam | M |
| 232 | 422 | Tatjana Matthaei | Broek in Waterland | v |
| 233 | 426 | Annika Morrice | Purmerend | V |
| 234 | 431 | Liek | Broek in Waterland | V |
| 235 | 430 | Kay Fanner | Zaandam | v |
| 236 | 36:00 | 18 Joey Zegers | Almere | M |
| 237 | 400 | Krystel | Amsterdam | V |
| 238 | 150 | Frank Neijzen | Monnickendam | m |
| 239 | 149 | Robbie Neijzen | Monnickendam | M |
| 240 | 37:00 | 401 Deveny Bo | | 0 V |
| 241 | 148 | Wout te Winkel | Heino | M |
| 242 | 51 | Rick vd Werf | Broek in Waterland | M |
| 243 | 52 | Alex v.d. Werf | Broek in Waterland | m |
| 244 | 50 | Stephan Rits | Amstelveen | m |
| 245 | 471 | Nicole Smidt | | 0 V |
| 246 | 77 | Bart Oudhuis | Broek in Waterland | m |
| 247 | 403 | Lianne Ebbelaar | Broek in Waterland | V |
| 248 | 454 | Rosali Waleson | Broek in Waterland | v |
| 249 | 408 | Esra Copur | Broek in Waterland | V |
| 250 | 178 | Seem Rijs | Monnickendam | m |
| 251 | 177 | Bart vd Brink | Hilversum | M |
| 252 | 405 | Zara | Broek in Waterland | V |
| 253 | 78 | Muus Ebbelaar | Broek in Waterland | M |
| 254 | 453 | Cedrique Steenkamer | Broek in Waterland | v |
| 255 | 473 | Roanne ten Bokkel | Amsterdam | V |
| 256 | 49 | Ruud vd Werf | Broek in Waterland | M |
| 257 | 470 | Renske Koens | Lochem | V |
| 258 | 406 | Cedrique Steenhamer | Broek in Waterland | V |
| 259 | 477 | Sophie van Tol | Wormer | V |
| 260 | 476 | Liselotte | Westzaan | V |
| 261 | 420 | J van Ams | Uithoorn | V |
| 262 | 38:00 | 179 Eelco Dinkla | Monnickendam | m |
| 263 | 489 | Eline Meijer | Broek in Waterland | V |
| 264 | 238 | A. de Lange | Broek in Waterland | M |
| 265 | 237 | Jeroen de Lange | Broek in Waterland | M |
| 266 | 239 | Max | Broek in Waterland | M |
| 267 | 39:00 | 441 Denise Deen | Volendam | V |
| 268 | 440 | Kiki | Broek in Waterland | V |
| 269 | 439 | Jolanda Hindess | Monnickendam | V |

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|-----------|-------------------------|--------------------|-----|
| 270 | 154 Ronald Zwarhoed | Purmerend | M |
| 271 | 155 Mr. Unknown | | 0 M |
| 272 | 480 Adinda vd Pouwkraan | Purmerend | V |
| 273 | 153 Ramon Jansen | Purmerend | M |
| 274 | 479 Melanie Niesten | Purmerend | v |
| 275 | 442 Kiyami Galenkamp | Amsterdam | v |
| 276 40:00 | 236 Remco | | 0 M |
| 277 | 157 Jan Bruijn | Broek in Waterland | m |
| 278 | 417 Kiki | De Goorn | V |
| 279 | 421 Maaïke Kouwenhoven | Broek in Waterland | V |
| 280 | 463 Jory Sneller | Amsterdam | V |
| 281 | 466 Aukje Schep | Amsterdam | V |
| 282 | 469 Shannon Harmelwaard | Purmerend | v |
| 283 | 144 Richard Harmelwaard | Purmerend | m |
| 284 41:00 | 462 Simone Pronk | Broek in Waterland | V |
| 285 | 131 Ruud van EL | Amsterdam | m |
| 286 | 464 Lotte Nieuwenhuis | Amsterdam | V |
| 287 | 424 Zenzi Matthaei | Broek in Waterland | v |
| 288 | 54 Stefan Matthaei | Broek in Waterland | M |
| 289 | 422 Tatjana Matthaei | Broek in Waterland | v |
| 290 | 423 Noa v.d. Heide | Broek in Waterland | v |